



# PROFITEZ DE NOS ACTIVITES GRATUITES

Renseignements et inscriptions auprès de l'accueil thalassothérapie

## LUNDI

9:00-10:30

*Randonnée  
Salonique*

11:00-11:25

*Aquagym*



14:00-15:00

*Aqualonge*

15:30-15:55

*Aquagym*

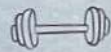
## MARDI

9:00-9:45

*Parcours  
Bord de Mer*

11:00-11:25

*Aquagym*



14:00-15:00

*Aqualonge*

15:30-15:55

*Aquagym*

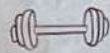
## MERCREDI

9:00-10:30

*Randonnée  
Salonique*

11:00-11:25

*Aquagym*



14:00-15:00

*Aqualonge*

15:30-15:55

*Aquagym*

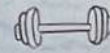
## JEUDI

9:00-9:45

*Reveil  
Musculaire*

11:00-11:25

*Aquagym*



14:00-15:00

*Aqualonge*

15:30-15:55

*Aquagym*

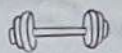
## VENDREDI

9:00-10:30

*Randonnée  
Salonique*

11:00-11:25

*Aquagym*



14:00-15:00

*Aqualonge*

15:30-15:55

*Aquagym*